



## A Seat at the Table // Sex, Gender, + Identity

This is our conversation guide. This is a power hour conversation, which means we provide some questions to dive right in. Our meet-ups are so short because it's a teaser—we want you to follow-up with people you've met and continue the conversation! There are some guidelines that will make this a fulfilling and engaging conversation.

### GUIDELINES

1. Check your table. If you know more than one person, move tables. We ask this so that you can talk to someone you typically don't talk to! Is someone looking for a table to join? Welcome them to yours!
2. Be a radical listener. That means being mindful of how you're listening. We encourage listening to learn and understand. Try to leave questions and responses for after the questions have been answered by everyone.
3. Appreciate the hour and your community members. Try to answer the questions as directly as you can. Try to share time and space; make sure there is enough for everyone at your table.

### QUESTIONS

1. What is in your heart that brought you here tonight?
2. Briefly define what sex, gender, and identity mean to you. What is the intersection/interrelationship between them?
3. Do you feel like social roles and norms have influenced your own gender identity/sexual expression? How has this impacted your sense of self?
4. How can we resist and reject sexism, homophobia, and transphobia? What are 3 concrete next steps? How will you stay accountable?

*A Seat at the Table is an initiative of the Treehouse Institute. Treehouse is a nonprofit organization focused on social innovation. We encourage use of this guide.*